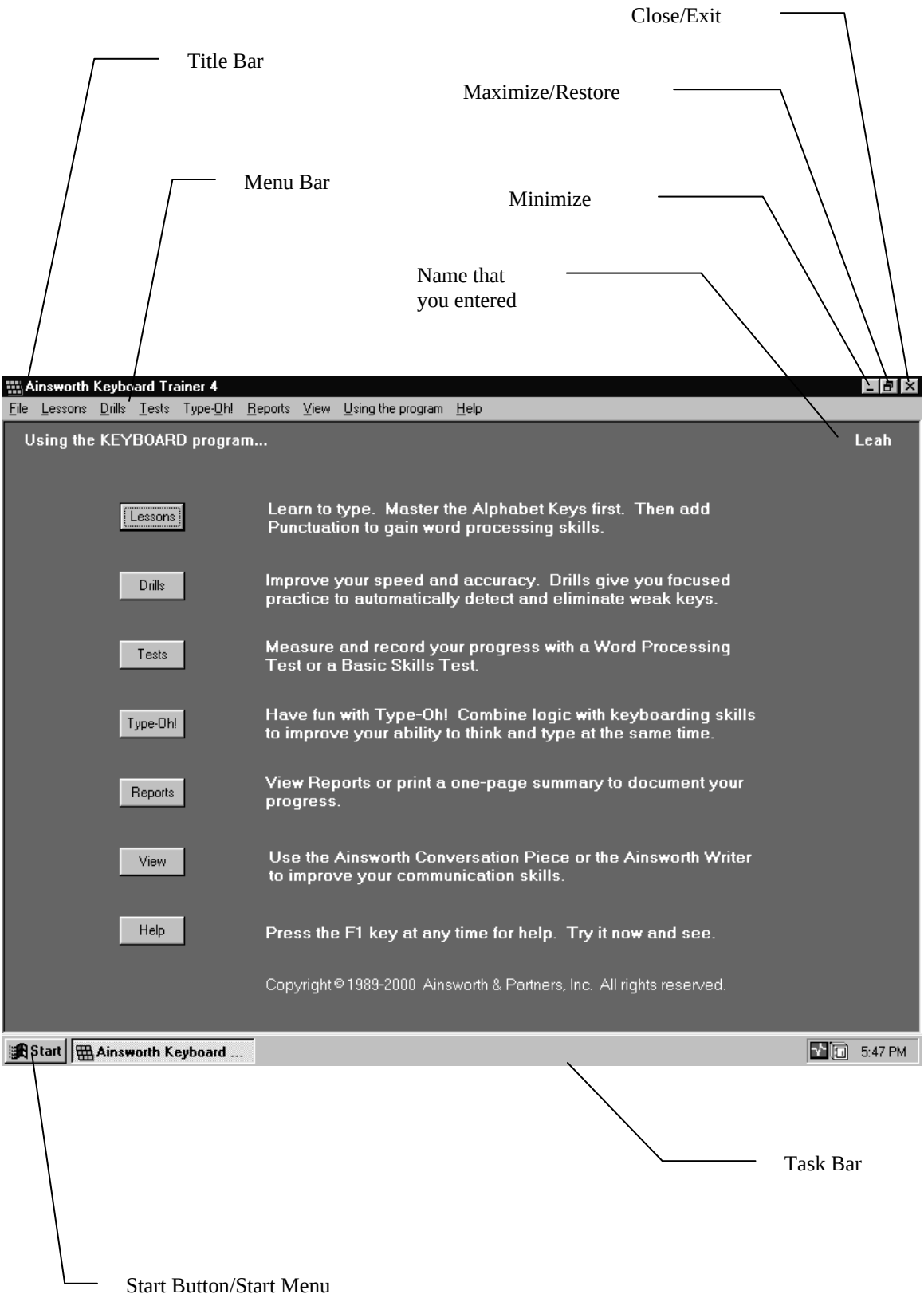The Ainsworth Keyboard Trainer Window